

# LIST OF MEDICAL FACILITIES WHERE ENGLISH SERVICES MAY BE AVAILABLE – BARCELONA AREA

(Telephone prefix from Ireland: 00 34)

This list is provided by the Irish Consulate in Barcelona for the convenience of enquirers, but the Consulate does not take any responsibility for the competence or probity of any clinic/doctor on this list or the consequence of any treatment initiated or advice given. The order in which the names appear has no significance.

## **MEDICAL SERVICES**

### **WOMAN'S HEALTH DEXEUS**

**BARRI RAGUÉ, Pedro**

Medical Director

Gran Via Carles III, 71-75

08028 Barcelona

Tel: 932 274 896

Website: <http://www.dexeus.com> , <http://en.dexeus.com>

Email: [info@dexeus.com](mailto:info@dexeus.com)

Registered with the Medical College of Catalonia (Dr. Barri's Registration Number: 7034).

**Specialist areas:** Gynecology, Obstetrics and Reproductive Medicine.

### **DOCTORS BARCELONA**

**ANNICCHIARICO, Andrés León**

Passeig dels Til·lers, 3

08034 Barcelona

Tel: 689 327 144 (24 Hours)

Email: [info@doctorsbarcelona.com](mailto:info@doctorsbarcelona.com)

Website: [www.doctorsbarcelona.com](http://www.doctorsbarcelona.com)

Medical College Registration Number: 45622.

Registered with the International Association for Medical Assistance to Travelers (IAMAT).

**Specialist areas:** Emergency Medicine for Children and Adults, including ECG, blood tests, vaccines, trauma (English speaking psychiatrists available as well)

### **HOWE, Victoria**

General Doctor and Surgeon

Sepúlveda, 125

08015 Barcelona

Tel: 672 299 222 (Call or WhatsApp)

Website: <http://www.drivictoriahowe.com>

Email: [info@drivictoriahowe.com](mailto:info@drivictoriahowe.com)

Medical registration number (COMB): 41329

**Specialist area:** General/Family Medicine (emergency and routine appointments), Blood tests, Check-ups/medical certificates, Women's Health (PAP smear, HPV vaccination, US), STD Testing, Minor surgery (cryotherapy, warts, lipomas, scars, moles), Prescriptions, Cancer/Cardiovascular Screening, Specialist referrals.

**INSTITUT CATALÀ DE RETINA – SARRIÀ**

Ganduixer, 117  
08022 Barcelona  
Tel: 932 547 922 (Emergencies 24h)  
Fax: 934 187 857

**Specialist areas:** Prevention, diagnosis, treatment and monitoring of eye diseases, the visual system and the accessory visual structures.

**INSTITUT CATALÀ DE RETINA - TERRASSA**

Sant Pere, 46, 2<sup>º</sup>  
08221 Terrassa (Barcelona)  
Tel: 937 363 440 - Emergencies during normal opening hours  
Fax: 937 363 441  
Email: [icr@icrcat.com](mailto:icr@icrcat.com)  
Website: [www.icr.cat](http://www.icr.cat)

**Specialist areas:** Prevention, diagnosis, treatment and monitoring of eye diseases, the visual system and the accessory visual structures.

**Mc CARTHY, Mary D.**

MD and Fellow of the American College of Physicians  
Aribau, 215, Pral. 1<sup>ª</sup>  
08021 Barcelona  
Tel: 932 002 924 / 607 220 040  
Email: [11932mmb@comb.cat](mailto:11932mmb@comb.cat)

Opening hours: hours by appointment

Medical College Registration Number: 11932. Fellow of American College of Physicians.

Associated with many local insurance companies (HMO's / *Mutuas*).

**Specialist areas:** Doctor for Adults – Internal Medicine (includes General Practice, Family Medicine).

Other services: Electrocardiogram and Pulse Oximetry.

**MDB LABORATORI D'ANÀLISIS CLÍNIQUES S.A.**

Urgell, 161, Bxs.  
08036 Barcelona  
Tel: 934 538 636  
Fax: 934 512 330  
Email: [mdb@labmdb.com](mailto:mdb@labmdb.com)  
Website: [www.labmdb.com](http://www.labmdb.com)

Opening Hours: Monday – Saturday 7:00-20:00 / Sunday and Public holidays 8:00-20:00 (open 365 days a year).

No appointment system. Patients are assigned to a doctor on a first-come, first-serve basis.

Medical College Registration Numbers: 4035 and 30609.

**Specialist areas:** Laboratory and clinical tests, clinical biochemistry, special biochemistry, immunology, serology, hormones, enzymes, drugs of abuse and therapeutic, hematology and haemostasis, microbiology and parasitology, mycology, pathologic anatomy and cytology, spermiology, free radicals, cytogenetic, fluorescent in situ hibridation, prenatal screening, molecular biology, home blood sampling, company staff check-ups and toxicology.

**PHMS: Personal Hotel Medical Services**

Loreto 10, bajos 1ª

08029 Barcelona

Tel.: 93 321 94 89

Web: [www.phms.es](http://www.phms.es)

Email: [info@phms.es](mailto:info@phms.es)

Specialist areas: Emergency medical, pediatric emergency, nursing, physiotherapist (arranged hours), podiatry (arranged hours), pharmacy service.

**CENTRO MEDICO TEKNO****PUIG-LA CALLE, Jorge**

Mare de Déu de la Salut, 78-80 B

08024 Barcelona

Tel: 932 197 595 / 659 333 235

Vilana 12, despacho 100

08022 Barcelona

Tel.: 933 933 100

Email: [puig\\_lacalle@yahoo.com](mailto:puig_lacalle@yahoo.com)

Opening hours: Tuesday 16.00-19.00 / Friday 11.00-13.00. Hours by appointment.

Medical College Registration Number: 25928

**Specialist areas:** general and digestive surgery, coloproctology and surgical oncology.

**TURÓ PARK MEDICAL CENTER**

Opening hours: Monday - Saturday 8:00-21:00 h.

Francesc Pérez Cabrero, 19-21, Entlo.

08021 Barcelona

Tel.: 932 529 729

Web: <http://turoparkmedical.com/en/>

Email: [contact@turoparkmedical.com](mailto:contact@turoparkmedical.com)

**Specialist areas:** Oral and maxillofacial surgery, infectious diseases and travel medicine, physiotherapy, pediatrics, dentistry, orthodontics, speech therapy, ear nose & throat (ENT), women's health.

**PHYSICAL THERAPY SERVICES****DONEGAN, Tony** MSc, MCSP

Chartered Physiotherapist

Member of Colegio de Fisioterapeutes de Catalunya (no. 13071)

Advance Physiotherapy

Instituto POLD de Terapia Manual, Carrer del Bruc, 151, 08037 Barcelona

Tel : 676 606 825

Email: [info@advance-physiotherapy.es](mailto:info@advance-physiotherapy.es)

Website: [www.advance-physiotherapy.es](http://www.advance-physiotherapy.es)

**Specialist areas:** Sporting injuries, low back pain, chronic pain, manual therapy, dry needling, rehabilitation

## **OSTEOPATÍA DE MAR**

**Mc CONKEY, Kathryn**

Osteopath Calle

General Castaños, 2A, D

08003 Barcelona

Tel: 934 124 946 / 609 143 690

Email: mcconkey.katy@gmail.com

Opening hours: Monday - Friday 08.00: 21:00 / Saturday mornings 09:00-13:00.

Spanish Osteopathy Registration Number: 364.

**Specialist areas:** lower back and neck pain, Crohn's disease, RSI, insomnia and lymphatic drainage.

## **COUNSELLING SERVICES**

**BOIXET SELLÉS, Mercè**

BA Hons, Diploma, CPsychol

Via Augusta, 120, 2º 1ª (Plaza Molina)

08006 Barcelona

Tel: 638 510 314

Email: boixetmerce@gmail.com

Opening Hours: Hours by appointment

Registered with the Official Psychologists College of Catalonia (Registration Number: 2373) and the British Psychological Society (BPS) – Registration Number: 71670. Practitioner Full Member of the Division of Neuropsychology.

**Specialist areas:** Clinical Psychology and Neuropsychology. Psychological assessment and treatment for adults experiencing a wide range of difficulties including: depression, anxiety, relationship problems, work-related stress and problems adjusting to life changes (loss and bereavement, professional changes, migration and socio-cultural adaptation). Neuropsychological assessments for adults who suffer from a neurological condition. Psychological treatment for adults with difficulties associated with physical health problems.

## **QUIRÓN DEXEUS**

**GUNNARD, Katarina**

Doctor in Psychology Coordinator International Unit of Mental Health

Sabino de Arana 5-19, Consultes externes, Planta 3

08028 Barcelona

Tel: 932 058 511 / 935 460 111 / 664 587 487

Fax: 932 058 512

Email: kgunnard@psicodex.com / katerinagunnard@gmail.com

Website: www.psicodex.com

Opening Hours: Monday – Friday call between 10:00-15:00 and 16:00-20:00

Appointments: Monday-Tuesday 9:00-14.00 / Wednesday 15:00-20:00 / Friday 9:00-20:00

Medical College Registration Number: 20456.

The Unit of Mental Health is affiliated to the Social Security through the “seguro escolar”.

**Specialist areas:** Anxiety, Stress, Eating Disorders, Affective Disorders and Depressive Mood, Personality Disorders, Substance Use Disorders, Family, Care in crisis, Adaptation, communication and social skills. International companies and associations: Communication and interpersonal skills, Motivation, Stress and anxiety, Development of individual skills.

**NEST: Network of English Speaking Therapists**

The Barcelona NEST is a multidisciplinary group of qualified mental health specialists. NEST offers peer supervision to its members, and services for children, adults, couples, families, schools, and business.

Web: <http://www.barcelonanest.com/>

**Specialist areas:** Body psychotherapy and Bioenergetic Analysis, Cognitive-Behavioral Therapy, Couple Therapy, Dance Movement Therapy, Dialectical-Behavior Therapy, Existential Therapy, Family Therapy, Group Psychotherapy, Group Analytic Psychotherapy, Jungian Psychotherapy, Mediation, Mental Training/Coaching, Online Therapy, Psychiatry, Psychoanalysis, Psychodrama, Psychology, Psychotherapy, Sandplay Therapy, School Psychology, Solution Focused Brief Therapy, Sport and Performance Psychology, Substance Abuse Education and Counseling / Therapy, Systemic and Family Representations, Transpersonal Psychotherapy

**TAPIZ, Esther**

Psychotherapist / Counselor

Angel Guimerà 37 Àtico, 08017 Barcelona

Avda. Pere Planas, 36

08198 Sant Cugat del Vallès

Tel: 650 080 248

Email: [esther.tapiz@copc.cat](mailto:esther.tapiz@copc.cat)

Website: [www.esthertapiz.com/en/](http://www.esthertapiz.com/en/)

Opening hours: by appointment only

Medical College Registration Number: 10539

**Clinical areas of expertise:** Anxiety disorders, depression, grief counselling, mood disorders, stress management, relationship issues, cultural adjustment, phobias, etc. Treatment modalities: Individual psychotherapy, family therapy, couples, children and adolescent therapy.

**VERDASCA-CARDOSO, Antonio**

Trafalgar 6, 1<sup>º</sup>

08010 Barcelona

Tel.: 609377881

Email: [10105@crescendoglobe.com](mailto:10105@crescendoglobe.com)

**Specialist areas:** Psychoanalysis, coaching.

## **DENTAL SERVICES**

### **CLÍNICA DENTAL BARCELONA**

Pau Claris 194-196 baixos

08037 Barcelona

Tel.: 93 487 83 29

Web: <https://www.clinicadentalbarcelona.com/en/>

Email: [clinicadentalbarcelona@cdb.cat](mailto:clinicadentalbarcelona@cdb.cat)

Opening hours: Monday to Sunday, 00:00 – 24:00 (emergencies)

**Specialist areas:** Aesthetics, surgery and implants, conservative dentistry, oral sleep medicine, pediatric dentistry, prostheses and occlusion, orthodontics, periodontics.

### **TINGSVALL & Mc CARTHY DENTAL CLINIC**

Dr. Stefan Tingsvall: Swedish trained dentist

Elena McCarthy: American trained dental holistic hygienist

Castellnou, 47, Bxs.

08017 Barcelona

Tel: 932 051 903 / 636 312 522

Website: [www.tingsvall-mccarthy.com](http://www.tingsvall-mccarthy.com)

Opening hours: Monday – Friday 10:00 – 14:00 and 17:00 – 20:00 / Saturdays convenient to the patient's needs.

Registered with the Official College of Dentists and Stomatologists of Catalonia (Dr. Tingsval's Registration Number: 2329).

**Specialist areas:** dental treatments, holistic cleanings, implants, veneer, periodontal treatments, whitening (Britesmile), introduction to the dental office for children and endodontic treatments (root therapy).